Basic Life Support

Who is this course aimed at?
For people who care for others and may need to offer basic life support

Course Aims
To give an understanding of Basic Life Support to allow a person to act to save a life

Learning Outcomes
By the end of this course you will:

- Understand what is meant by Basic Life Support
- Know the theory supporting how to perform CPR on adults, children and infants
- Understand the importance of rescue breaths
- Know how to conduct a Primary Survey
- Recognise ways to deal with breathing casualties
- Know how to put a casualty into the Recovery Position
- Be able to identify ways to deal with a choking casualty
- Be aware of how to perform back blows and chest thrusts on adults, children and infants

Course available as

E-Learning
Course Length: 30 Mins

Contact Us
For more information, or to book any of our courses, please contact us on 01706 375578

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