



Autism Awareness

Who is this course aimed at?

This course is aimed at anyone involved in caring for people with autism

Course Aims

To be able to recognise autistic traits in a person, meet their communication needs and understand when and how to implement adjustments in a Person-Centred way.

Learning Outcomes

- Recognise that Autism is a type of neurodiversity
- Know that Autism is a spectrum disorder
- Understand that some autistic people will also be diagnosed with other neurodivergent disorders
- Be aware of the history of Autism
- Recognise that autistic people have strengths and abilities
- Know that some people have misconceptions relating to Autism
- Understand that every autistic person's spectrum is unique
- Know the three areas of difference
- Understand that autistic people face challenges with social communication, interaction and imagination
- Know that autistic people will have repetitive, restrictive and self-regulating behaviours
- Recognise that autistic people will have differences in sensory processing
- Understand that an autistic person's senses may get overloaded
- Know that alternative methods of communication may be necessary to meet an autistic person's needs
- Be aware of signs that may indicate that a child is autistic
- Recognise the importance of an adult getting an autism diagnosis
- Know ways to support an autistic person and their family

Course available as

E-Learning

Course Length: 1 Hour

Contact Us



For more information, or to book any of our courses, please contact us on 01706 375578